Cyber Security

Program

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About the program

The Cyber Security Program is designed to prepare individuals to become a security specialist by providing hands-on training on the latest security technologies and methodologies.

What you'll learn

Our program provides hands-on training on the latest security technologies and methodologies.

You will learn such hard skills as malware and virus threats, network security controls, cryptography, and vulnerability testing methodologies.

You will also learn how to manage risk, develop security procedures, and plan for disaster recovery.

Overall, the program prepares you to become a cyber security specialist, equipped to protect organizations from cyber threats.

Soft skills are a must-have

You will develop both technical and soft skills during the program, including risk management and critical thinking.

Your ability to assess threats and prioritize tasks will help you focus your energy where it is needed the most.

Communication is also important in cyber security, as you may need to explain technical concepts to non-technical individuals, such as executives or legal teams.

Career-focused lessons

Our ultimate goal is to help you become a successful Cyber Security specialist.

That's why this program also features externships for students to gain hands-on experience in various roles.

The bootcamp also includes a Career Prep Course to help students prepare for life after graduation, including creating a resume, LinkedIn profile, and GitHub account, improving networking and interview skills, and providing career coaching to help find a job.

Course structure

Your journey will be structured as a series of sprints, grouped into thematic modules. Each sprint will have a particular set of learning outcomes, reinforced through quizzes and tasks.

We provide rough time estimates but recommend spending around 15–20 hours per week studying. Everyone learns at different paces, so feel free to go at your own speed. Suggested breaks are scheduled in between modules.

After completing the program and obtaining the CompTIA Security+ certification, you will be ready to begin the job search as a certified cyber security professional.



Module 1. Fundamentals

6 weeks



☐ Sprint 1. Network Configuration

Recognize critical networking components. Evaluate network topologies. Read IP addresses. Identify protocols responsible for moving data. Analyze traffic using network monitoring tools. Distinguish between anomalies caused by misconfigurations or malicious attackers. Evaluate network design choices. Match problematic network design choices with the appropriate security-sensitive alternate implementation.

Project description

Analyze a network for security flaws. Generate a plan to update it according to best security practices.

☐ Sprint 2. Scanning and Enumeration

Conduct scans to enumerate clusters of devices belonging to a company. Interpret clues about what is contained on those devices—and use that information to assemble a list of the company's assets. Implement defense measures to mask devices' true identities from attackers.

Project description

Interpret results from standard scanning and enumeration tools to create an accurate CMDB listing the company's assets.

2 weeks

☐ Sprint 3. Cyber Security Frameworks

Identify a company's cybersecurity risk profile. Protect business continuity by limiting the impact of cybersecurity events. Implement systems to continuously monitor assets and detect security incidents as they occur. Craft effective responses to cybersecurity incidents to contain impact. Recover from incidents efficiently—and ensure that lessons learned drive improvements to prevent future incidents.

Project description

Assess the cybersecurity posture of a medium-sized business. Develop an effective mitigation plan with improved security policies and procedures, using the NIST CSF to guide your risk assessment.

Module 2. Incident Response

4 weeks

☐ Sprint 4. Identifying Common Threats and Attack Vectors

Threat model an organization. Identify and prioritize mitigations to reduce attack surface.

Project description

Threat model a company based on a list of assets.

Recommend an effective mitigation strategy to reduce attack surface.

2 weeks

☐ Sprint 5. Incident Response

Develop playbooks for standard incident response scenarios: phishing, malware, data breach, and DDoS.

Project description

One of our client companies was just devastated by a ransomware incident. It's up to you to review their current, poorly-implemented incident response plan and revise it to satisfy industry-honed standards set forth by NIST—protecting them from repeating past mistakes.



Module 3. Vulnerability Management

9 weeks

☐ Sprint 6. Network Hardening and Virtualization

Harden a network. Establish a SNOC. Automate repetitive tasks. Compare and test network architecture choices. Evaluate network changes without disrupting production services. Strengthen authentication practices. Identify defensive gaps according to threat model.

Project description

A neglected, outdated company network needs to be modernized...securely. The existing network architecture adheres to a conventional on-premises model reliant on physical hardware. Identify strategies to stabilize current technologies by implementing virtualization, providing the company with the time needed to develop a comprehensive action plan for broader cloud adoption. Finally, create a presentation outlining your proposal to the company's executives—and get the green light.

2 weeks

☐ Sprint 7. CompTIA Security+ Foundations

Gain an introduction to the CompTIA Security+ exam, its key domains, and the exam preparation strategy. Begin using an Anki flashcard deck to build foundational knowledge over time.

1 week

☐ Sprint 8. Vulnerability Assessment

Inventory the assets. Conduct scans—and interpret their results. Assess the severity of detected vulnerabilities. Remediate highest risk vulnerabilities.

Project description

A new client company has just been added to the MSSP's SOC...and they need you to conduct a vulnerability assessment, ASAP. Assess their assets and prepare a formal report of your findings.

2 weeks

☐ Sprint 9. Vulnerability Exploitation

Perform penetration tests focusing on exploiting vulnerabilities on servers, verifying your initial findings.

Project description

The company is alarmed by your findings. They've authorized you to perform a penetration test confirming critical vulnerabilities discovered during your assessment—and determining the true severity of your findings. Are things really as bad as they look?

☐ Sprint 10. Vulnerability Remediation

Present your findings using industry-standard report formats. Plan remediations. Execute the fixes.

Project description

Vulnerabilities confirmed, it's time to choose then implement appropriate remediation strategies.



Module 4. Investigating Incidents

8 weeks

Sprint 11. Managing Networks Securely

Secure physical, virtual, and cloud networks. Safely extend a corporate network. Align network security with compliance goals. Validate, aggregate, and maintain valuable sources of data for continuous monitoring.

Project description

While a business is upgrading its current infrastructure, you must accommodate daily operations alongside activities supporting the transition without incurring a loss or inducing an incident.

You will set up a continuous monitoring system for existing devices and ensure it is correctly ingesting security-critical logs from endpoints.

2 weeks

Sprint 12. Alerts and Anomalies

Investigate anomalous file changes. Analyze unusual network traffic. Dig into suspicious login activity. Zero in on suspicious traffic leaving the network.

Project description

A company's cybersecurity monitoring system generated alerts indicating several possible malicious incidents. In the process of investigating these alerts, you must identify which are real (and which are false positives)—then develop appropriate response plans for the true security incidents.

☐ Sprint 13. Detecting Complex Attacks

Detect common attacks using standard sources of evidence available to security analysts. Craft the perfect search queries to cut through the data and zero in on evidence of attacks. Distinguish between normal and malicious activity.

Project description

Investigate a major security incident using a SIEM, leveraging the MITRE ATT&CK matrix to map the attacker's TTPs.

2 weeks

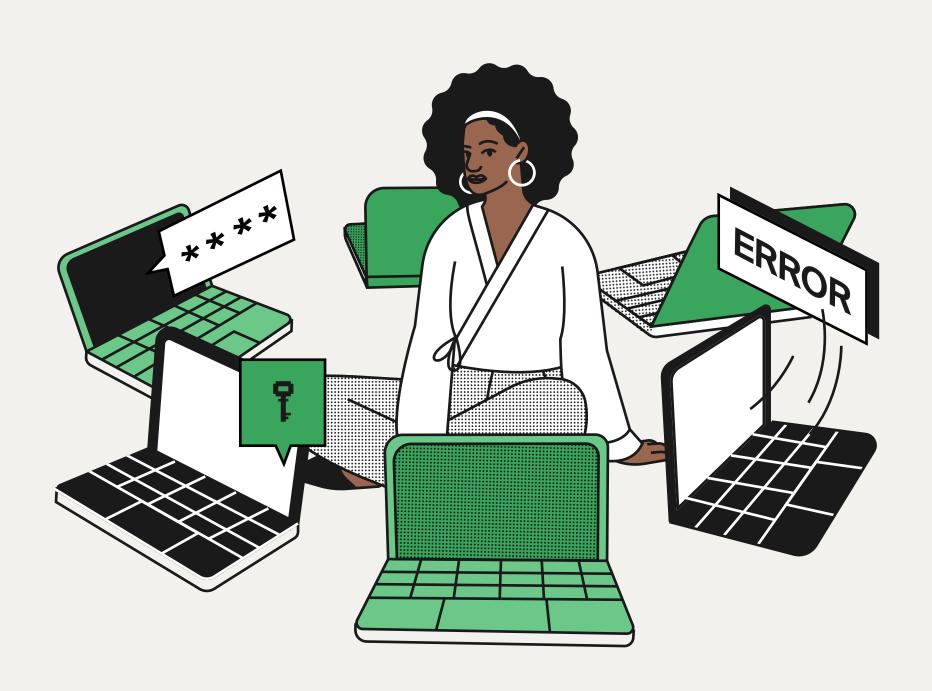
☐ Sprint 14. Investigating Incidents

Practice the art of asking the right questions—and pivoting between evidence sources to answer those questions. Tailor mitigation and remediation recommendations to reduce attack vectors revealed by the incident.

Project description

Author a formal report effectively communicating your investigation's findings and recommended incident response actions to both technical and layperson audiences.

Module 5. CompTIA Security+



☐ Sprint 15. CompTIA Security+ Exam Preparation

Focus on advanced exam topics, complete hands-on exercises, and take practice exams to ensure you're ready to pass the CompTIA Security+ certification exam confidently.

Project description

Obtain the CompTIA Security+ certification.

1 week

Career Preparation

From day one

Access career-focused lessons that strengthen both:

- Hard skills: for job applications
- Soft skills: networking, communication, self-promotion and interview techniques

Midway through

Partner with a career coach to:

- Develop a personalized job search strategy
- Perfect your resume,
 LinkedIn profile, and portfolio
- Practice interview & networking techniques in group and individual sessions

As you progress

- Participate in Code Jams—team competitions to apply your skills
- Complete an Externship—gain real-world business experience (you'll learn more as you advance!)

△ After graduation

Enter the job search phase with support from a Placement Coordinator:

- Regular check-ins to keep you on track
- Feedback to improve applications and networking
- Help connecting with recruiters and hiring managers
- Al-powered job search platform to manage applications and track progress

Learn the job. ** Get the job. **